

LIFE

STUDENT

International Edition

WELCOME TO YOUR NEW
HOME AWAY FROM HOME!

GET TO KNOW
YOUR NEW CITY

YOUR GUIDE TO
THE UNIVERSITY



UNIVERSITY OF
PLYMOUTH



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Aerial view of Plymouth city centre.

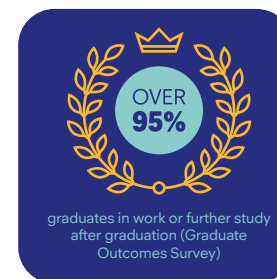
International Edition

LIFE

We are thrilled to welcome you to our vibrant and friendly community! This guide is your one-stop resource for everything you need to know as you embark on your exciting academic journey at the University of Plymouth and settle into life in Plymouth – Britain's Ocean City.

We understand that starting university in a new country can be both exhilarating and daunting. This guide is designed to ease your transition and help you feel comfortable and confident living in Plymouth.

We are excited to have you join our University family!



Teaching Excellence Framework

DON'T BE A STRANGER

Visit us at
our **Student Hub** webpage

The Student Hub is the University's first point of contact for all non-academic student queries. Dedicated advisers are there to help you to get the most out of your time at university. A range of helpful services can be accessed through the Student Hub including, the Careers Service, Student Wellbeing Services, Disability Inclusion Services and the Financial Support team.

No issue is too big. No question is too small. Discover our support services below.



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The best places to meet friends and have fun!



YOUR WELCOME WEEK



Save the date: your Welcome Week starts on Monday 8 September! Firstly, we'll let you in on a secret... Welcome Week and Freshers' Week are the same thing! You may also hear this week referred to as Induction Week or Arrivals Week. Whatever someone chooses to call it, this week is an exciting one for your calendar; your first week here is designed to help you settle in, meet people and start your student life with a bang!

On your first day, you might start by heading to our friendly **Arrivals' Lounge** where we can guide you on how to manage your first week and answer any questions you may have. Whether you come with one of your new flatmates or on your own, the team are super friendly and can help you to make the most of your first few days.

Over the course of the week, your **Students' Union** (also known as the SU, UPSU, University of Plymouth Students' Union) will be putting on a whole series of events.

Think: Freshers' Fair to get fully loaded with freebies; Sports and Fitness Fair to sign up to... Dancing? Surfing? Racket sports?

Whatever piques your interest, visit the Societies Fair to meet your like-minded community... performing arts, culture, fundraising, or one of the other 100+ options! We'd definitely recommend looking at our sports clubs and societies on the UPSU website (upsu.com) before you arrive to get an idea of the ones you want to join.

Find out more about your SU and discover the wide range of benefits you'll receive as an UPSU member – turn to page 44.



Once you have enrolled, you'll receive your induction schedule via email. This will allow you to plan your first week. Depending on your course, your induction may start earlier in September. Make sure to keep an eye on your inbox!

START MAKING FRIENDS



You'll start to meet people from the moment you arrive. Wherever you are on campus, say hi, introduce yourself, tell someone what you're studying and the things you're interested in. Ask them questions. Before you know it, you'll be joining a new society together!

For some students, they make lifelong friendships with their housemates in their first year. For others, they meet new friends in their first lecture or when they join a new society.

If you want to start making connections before you arrive, head to our offer holder community where you can chat to current students and other applicants starting in September.

If you don't find your friends right away, it's nothing to worry about – the Uni has so many support teams looking out for you. If you find yourself worrying about making friends, you can head to the Student Hub...



VISIT YOUR UNIBUDDY COMMUNITY TO START MAKING CONNECTIONS.

MEET YOUR SUPPORT



The Student Hub is the place to go for support. We have a vast array of professional teams to guide and advise you.

Discover the many teams who are all here to support you on page 38.

EXPLORE YOUR CITY



Take the time to start to explore the city. Head up to the Hoe for a sea swim or an ice cream, pop to Early Bird for a mountain of pancakes for brunch, or sip a cocktail by the boats down on Sutton Harbour.

Find out more about our unique city by the sea on page 10.



EXPLORE YOUR CAMPUS



Take time to find your way around **your new campus**, explore all of the different study spaces available to you and pop into the **24/7 library**. Remember you'll be shown how it all works once your course begins, so don't be overwhelmed by its size! If you're interested in keeping fit, you could also drop into our **campus gym** to take a look around or find out about the fitness classes on offer.



You could also head to our **campus cafes**; we've got so many to choose from! Stop by The Container cafe (in the Roland Levinsky Building) to grab your morning muffin and organic coffee; sit down for a full English breakfast in Drake's Kitchen or try our Reservoir Cafe for a veggie lunch!

Get to know more about your campus on page 32.



YOUR COURSE



So, you've moved in, explored the campus, joined the Crochet & Knit Society, and even eaten fish and chips on the Hoe. Now, you're waiting for your course to start... You'll have an academic induction to get you started. This will be your chance to meet your new tutors and coursemates for the first time.

Depending on the course you're studying, you'll have a mix of classes and teaching formats, varying from large cohort lectures to practical assessments, smaller seminars, tutorials, group work, projects and independent study.

Some of our courses include the opportunity to go on a placement or spend some time studying abroad at one of our partner institutions. There are also fieldwork trips and opportunities to undertake work-based learning, all of which give you practical hands-on experience which can make a big difference to your future career.

Learning at university is quite different to learning at school, but that doesn't mean it has to be difficult or that you have to tackle it alone. We have a wide range of help and support for you in place, from being assigned a personal tutor to our Peer Assisted Learning Scheme (PALS), and from the award-winning Writing Cafe to SUM:UP, our drop-in centre providing support to resolve any mathematics and statistics-related problems. Don't be a stranger – pop into the Student Hub any time to find out more.

PLYMOUTH IS CLOSER THAN YOU THINK!

Plymouth is well connected by road and rail to the rest of the country, and by ferry to Europe. It's easy to get here to start your journey of a lifetime, and easy to explore everything the UK and Europe has to offer.

RAIL – Plymouth railway station is just a few minutes' walk from the campus. The regular train service from London Paddington to Plymouth takes around three to four hours. Other direct train services head to Plymouth from across the South West, South Wales, the Midlands, the North of England and Scotland. Top tip: Save money on train fares by purchasing a railcard – The 16–25 railcard will save you at least 1/3 on train fares.

CAR – Plymouth is easily reached by following the M5 motorway and then continuing on the A38 Expressway at Exeter. It takes about four and a half hours from London to Plymouth. Sat nav ref: PL4 8AA.

COACH – Plymouth coach station in the city centre is about five minutes' walk from the campus. The station offers regular daily coach services from major cities to Plymouth. Top tip: Megabus and Flixbus both offer regular, low-cost services to multiple large cities.

FERRY – Brittany Ferries operate car and pedestrian ferry services to Plymouth from Roscoff (France) and Santander (Spain).

GETTING AROUND PLYMOUTH

WALKING – Plymouth is a very easy city to walk around. Within walking distance, you can find places to eat, relax, swim, shop and to be entertained.

BUSES – Plymouth is linked by multiple bus routes that can take you to most places in Plymouth. You can pay for tickets using cash or your credit/debit card on the bus. You can purchase daily, weekly, or monthly travel passes if you are making multiple journeys. You may be eligible for a discount on a bus pass – the Students' Union can help with this.

BIKES – Plymouth has 510 e-bikes for hire in various locations around the city including on our main campus. You simply download the Beryl bikes app to find and unlock a bike, then start riding! Choose from different pricing options to suit you, from a one-off trip to regular day-to-day journeys.

FERRIES – From the Barbican, you can catch ferries to various locations in Plymouth, including the Royal William Yard (great for restaurants and a swim at Firestone Bay) and Mount Batten (a water sports hub!).

If you want to head into Cornwall, there are ferries from the Barbican to the historical fishing and smuggling villages of Cawsand and Kingsand on the coast, or Calstock, a village situated on the banks of the River Tamar.

Alternatively, the Cremyll ferry from Stonehouse takes you across the River Tamar on a scenic eight-minute crossing to Mount Edgcumbe with its stunning coastal views, forest trails, historic country house, formal gardens and acres of parkland.



SURROUNDING AREAS

Living and studying in Plymouth gives you the opportunity to explore the beautiful countryside and stunning beaches Devon and Cornwall have to offer. Your great adventure starts here...



DARTMOOR – Wild, open moorlands and deep river valleys, with a rich history and rare wildlife, Dartmoor is a unique place packed full of stunning views. With 450 miles of paths to walk, cycle or run, you'll always see something new in this dramatic and beautiful national park.



BEACHES – Devon and Cornwall are blessed with stunning beaches. A bus ride away from campus is Wembury Beach, where you can explore rock pools and enjoy a splash in fairly shallow waters. Further afield you can explore the coves and rock pools around Bigbury-on-Sea, or visit Bantham Beach, a surfer's paradise with dramatic cliffs. Just over the river in Cornwall, you will find over three miles of stunning sand on the beaches of Whitsand Bay. No matter your preference, you'll find a perfect beach escape within easy reach of Plymouth.



Mount Edgcombe



CORNWALL – Accessible by car, train and coach, Cornwall is home to long sandy beaches, quaint fishing villages, wooded valleys, bustling seaside resorts, and the world-famous Eden Project. For those thrill seekers, head to Adrenaline Quarry where you can challenge your friends in the Aquapark inflatable course or go on a 450m long zip wire! Or closer to campus, you can enjoy a short ferry ride over to the historic house and parkland of Mount Edgcombe. Cornwall has everything for those who want to explore.

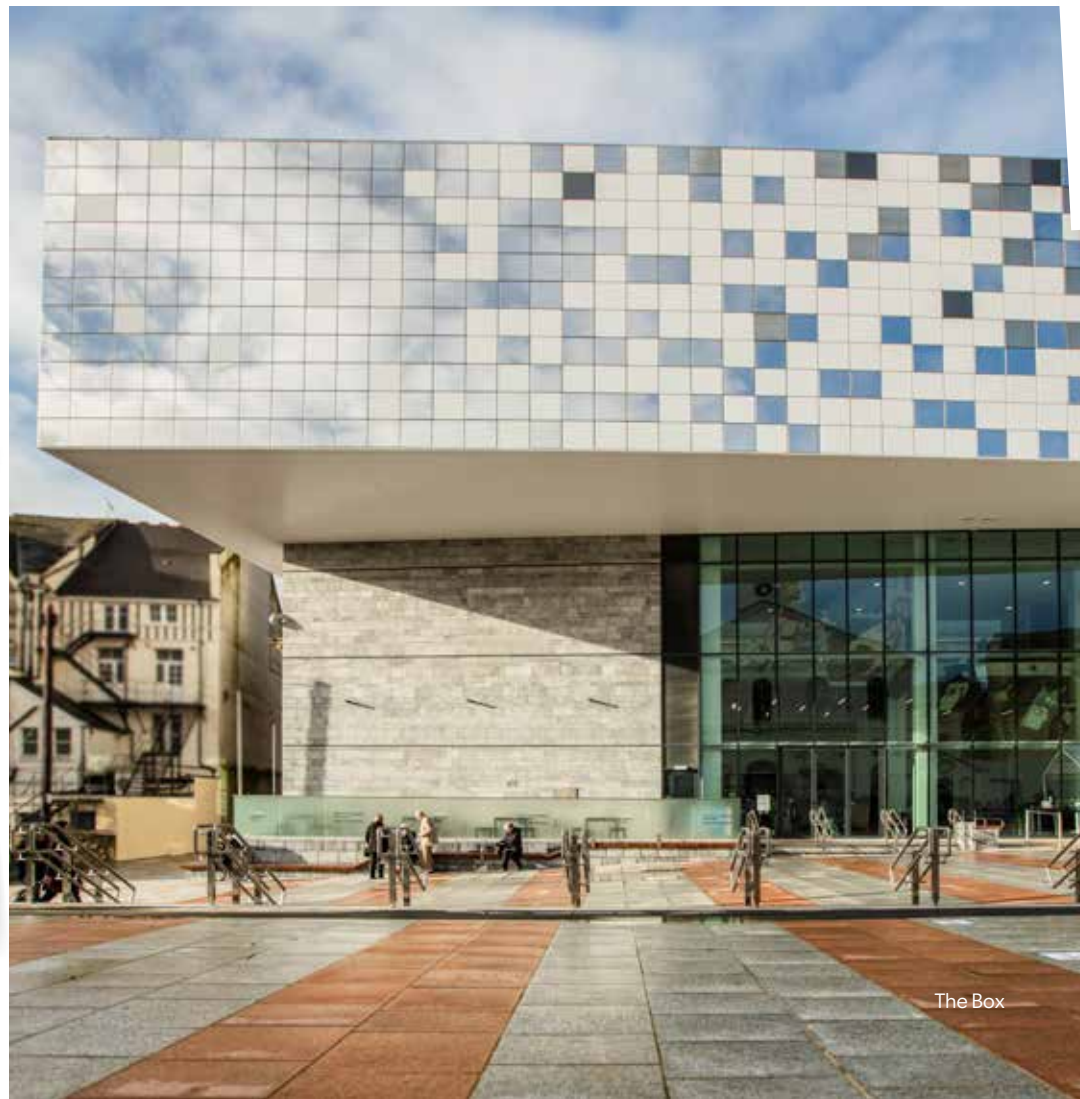


The Eden Project

THINGS TO DO IN THE CITY

Discover new favourite places to spend your time in and around Plymouth.

THE BOX – Discover Plymouth's past and present at The Box for free. This award-winning museum, art gallery and archive is located opposite the University campus, and is full of stories of the city. Explore galleries filled with natural wonders, from tiny insects to a life-size replica mammoth! Immerse yourself in stunning art, historical films and captivating documents that bring Plymouth, the city and its people to life.



The Box



THE BARCODE – Nicknamed for its black and white design, Plymouth's Barcode is a leisure and entertainment hub in the city centre. You'll find cinemas, restaurants, escape rooms and indoor adventure golf! It's also home to Boom Battle Bar, where you can battle it out with friends with a selection of games!

ROYAL WILLIAM YARD – Explore history with a twist at the Royal William Yard! This former naval victualling yard is now a trendy waterfront spot with unique architecture, cool cafes and restaurants, trendy bars and a luxurious cinema! The Yard also boasts a lively artistic scene with frequent exhibitions and events. If you don't fancy walking there from the campus, you can catch a ferry from the Barbican.

Royal William Yard



PLYMOUTH HOE – Need a break from textbooks? Craving some incredible sea views? Plymouth Hoe is the ideal go-to place for rest and relaxation, whatever the weather. Take time out with friends to explore Hoe Park and the waterfront, all within walking distance of the campus, and just a few minutes away from the hustle and bustle of the city centre.

SMEATON'S TOWER – A landmark on Plymouth Hoe is the famous Smeaton's Tower. Originally built on the treacherous Eddystone Reef in 1759, this lighthouse defied the seas for over a century. However, when the ocean threatened its foundations, a remarkable feat of engineering took place. Stone by stone, the tower was dismantled and relocated to its current home on the Hoe. Now, standing 72 feet tall, Smeaton's Tower offers panoramic views from its lantern room – a great reward for those who manage the winding climb!



Plymouth Hoe

FIRESTONE BAY – Located at Devil's Point just around the corner from the Royal William Yard is Firestone Bay with its natural tidal pool and crystal clear waters, making it the perfect spot for a refreshing sea swim. Stand-up paddleboarding is popular in the bay if you're feeling adventurous, and paddleboards are available for hire from South West SUP at the Yard. Don't forget to get your Instagram photo of Firestone Arch!





National Marine Aquarium



NATIONAL MARINE AQUARIUM –

Located at Sutton Harbour, this is the UK's largest aquarium and is home to over 5,000 amazing sea creatures, from the local waters of Plymouth Sound to the dazzling tropical fish found on the Great Barrier Reef. There are interactive exhibits and talks throughout the day, so you can learn about ocean conservation efforts – all while getting up close to some incredible marine life! All purchased tickets come with a complimentary Annual Pass giving you free admission to the aquarium over the next year.

THE BARBICAN AND SUTTON HARBOUR –

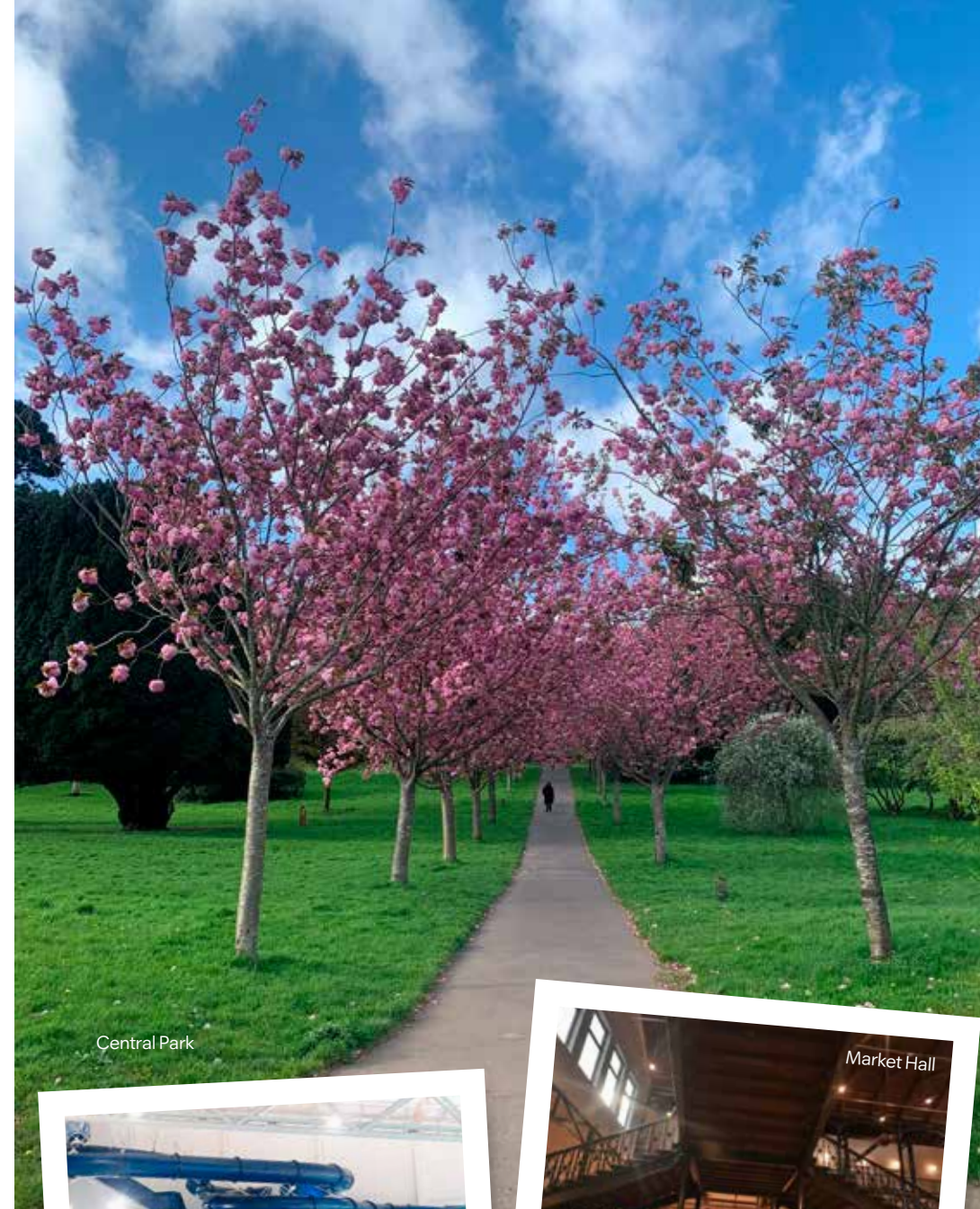
The historic Barbican and Sutton Harbour are at the heart of the city's heritage and are a wonderful place to explore at your leisure. The area is famed for its cobbled streets, narrow lanes and more than 200 listed buildings, alongside a wide range of cosmopolitan boutique shops, galleries, pubs, cafes and restaurants. Visit the famous Mayflower Steps from which the Pilgrims are believed to have left England aboard the Mayflower for a new life in America in 1620, and discover Plymouth's maritime heritage by taking a stroll along the one-mile Sutton Harbour Heritage Trail. See page 20 for more about the Barbican.

DRAKE CIRCUS SHOPPING CENTRE –

From clothing and footwear to cosmetics and sunglasses, find over 70 shops to satisfy all your shopping needs under one roof in Drake Circus.



PANNIER MARKET – This bustling indoor market in the city centre is home to over 140 stalls, eateries and cafes. Find local crafts perfect for souvenirs, or treat yourself to fresh, local produce or beautiful international cuisine.



Central Park



Market Hall

PLYMOUTH LIFE CENTRE –

This is one of the country's leading sporting venues, offering a fantastic range of sports and activities. With an Olympic-sized indoor swimming pool, waterslides, a diving pool, squash courts, a large fitness centre, a sports hall and an indoor climbing centre, there is something for everyone. Our students can access free University casual swimming sessions on selected days and times on production of a student ID card – contact socialsport@su.plymouth.ac.uk for further information.



CENTRAL PARK – This is the largest park in Plymouth and only a short walk from the campus. Need a study break with a dose of nature? Spread out a blanket on the lush grass and soak up some sunshine between classes. Feeling active? Challenge your friends to a frisbee duel or take a jog on the park paths for a refreshing change of scenery. Fancy a picnic with a view? Grab some snacks and head to the park's higher ground for panoramic views over the city towards Plymouth Sound and Cornwall. Central Park is your go-to spot for some peace and quiet and a breath of fresh air.

MARKET HALL – Purchase a ticket to experience Plymouth's awe-inspiring 15m, 360° immersive dome, offering you the chance to explore virtual worlds, dive down to the ocean floor or blast off into space. The mid 19th-century historic building also boasts bright and beautiful flexible working spaces as well as a cafe/bar which is open to everyone.



MYA SYMISTER

"The city of Plymouth itself was welcoming, with friendly faces, easy navigation and a quiet energy that suited my introverted personality.

The city offered stunning beauty with the ocean and parks for nature lovers, and I embraced the changing seasons – the warm autumn leading to a crisp winter, a rainy spring and another glorious summer."



TOP 6 TRADITIONAL FOODS

You'll probably know the UK is famous for Sunday roast and a traditional 'full English breakfast' but in Plymouth, you can also find some more local mouthwatering food!



FISH AND CHIPS

Harbourside Fish and Chips: This award-winning spot on the Barbican boasts crispy fish and fluffy chips that are sure to satisfy any craving.

Cornwall Street Fish Bar: Venture into the city centre and discover this popular takeaway known for its generous portions and fresh ingredients.



CREAM TEA

The Tudor Rose Tearooms & Garden: Treat yourself to a quintessential British afternoon tea experience at The Tudor Rose Tearooms & Garden on the Barbican. Enjoy fluffy scones with jam and clotted cream, and a selection of teas in a charming and relaxing setting.



ROAST DINNER

The Fishermans Arms: Nestled in a charming pub setting, The Fishermans Arms offers a traditional Sunday roast with all the trimmings. Expect succulent meat, fluffy roast potatoes and seasonal vegetables, all served with lashings of gravy.

Cosmic Kitchen: Enjoy a 100% plant-based Sunday roast experience at Cosmic Kitchen where the vegan bistro's ethos is simple: 'good mood food!'



FAST FOOD

Cap'n Jaspers: This award-winning burger joint offers a delicious selection of gourmet burgers made with fresh, locally sourced ingredients. Their creative toppings and sides will tantalise your taste buds.



FULL ENGLISH BREAKFAST

Elvira's Cafe: Start your day right with a hearty full English breakfast at Elvira's Cafe. Their breakfast menu boasts a variety of well-priced options, including sausages, bacon eggs, baked beans, and toast, all cooked to perfection!



PASTY

Jacka Bakery: Step back in time at Plymouth's oldest bakery and indulge in their legendary Cornish pasties.

Ivor Dewdney: A family run business established in 1935, with nine pasty shops still lovingly making hand-made and hand-crimped pasties, without using any form of artificial ingredient or additive.

This list merely scratches the surface of Plymouth's culinary scene. So why not take the time to explore the city and discover your favourite eateries and watering holes? Please note that the University does not endorse any of the businesses listed above.

SUPERMARKETS A GUIDE

Ditch the heavy shopping bags and long walks! Here's your ultimate guide to supermarkets near the University.



ALDI (MUTLEY PLAIN OR UNION STREET)/LIDL (UNION STREET)

These budget-friendly giants are a short walk or bus ride away and perfect for grabbing discount groceries on everything from fresh produce to household essentials. Stock up on their award-winning own-brand products and see what student savings they have on offer!



SAINSBURY'S (ARMADA CENTRE)

A few minutes' walk from the University, this supermarket offers a massive selection of groceries, from fresh produce and international foods to household items.



TESCO EXPRESS (DISCOVERY HEIGHTS)

Need a quick top-up or some snacks for that late-night study session? This Tesco is directly opposite the University, perfect for grabbing essentials without the trek.



ICELAND (MAYFLOWER STREET)

Iceland specialises in frozen food at student-friendly prices, perfect for stocking up on staples and keeping costs down.



MARKS & SPENCER (DRAKE CIRCUS)

The Marks & Spencer's food hall in the city centre offers a gourmet food selection and ready-made meals – perfect for a special occasion or when you deserve a treat.

INTERNATIONAL SUPERMARKETS

Plymouth features several international food supermarkets just a short walk from campus, which cater to diverse culinary needs.

THE PANNIER MARKET

The bustling Pannier Market is home to over 140 stalls, eateries and cafes. Take the opportunity to treat yourself to fresh, local produce or beautiful international cuisine all under one roof.

BONUS TIPS

Bonus tip Looking for fresh, local produce? Check out the Tamar Valley Food Hub collection point near the Reservoir Cafe on Friday afternoons. Pre-order online and pick up high-quality food while supporting local farmers!

Please note that the University does not endorse any of the businesses listed above



DID YOU KNOW?

SUNDAY TRADING

Nationally, most large shops are restricted with opening hours on Sundays. Here's a breakdown of what this means for you.



Large supermarkets and shops: These stores can only trade for six hours on a Sunday – typically these hours are 10am – 4pm or 10.30am – 4.30pm only.

Smaller shops and independent

shops: They have more freedom and can stay open past 4pm on Sundays, though their hours might be limited compared to weekdays.

Search engines like Google Maps tend to display opening hours for businesses, including any variations for Sundays.

SUPERMARKET LOYALTY SCHEMES



Supermarket loyalty schemes can be a great way to save money on your shopping.

Big supermarket chains like Tesco, Sainsbury's and Lidl all have their own schemes. Generally, you sign up for a free loyalty card and scan it at the checkout when you shop. You earn points, rewards or money off based on the amount you spend and the type of rewards.

BRING YOUR OWN BAGS



Supermarkets in the UK have removed free single-use plastic bags to tackle plastic pollution. You can buy reusable bags in the supermarkets, but to save money it's better to take your own bags with you and also better for the environment!

DELIVERY



Most supermarkets offer a home delivery services, although there is normally a cost for this service.

OLIO



Olio is a free mobile app designed to connect people with neighbours and local businesses to share surplus food and other household items, in order to reduce waste by facilitating the sharing of unwanted goods instead of them being thrown away!

SPOTLIGHT ON:

THE BARBICAN

PLYMOUTH IS A CITY SHAPED BY THE FORTUNES OF SEA, TRADE AND WAR, WITH A RICH HISTORY CENTRED ON THE HISTORIC BARBICAN. NARROW COBBLED STREETS, ELIZABETHAN BUILDINGS, ART GALLERIES AND NUMEROUS EATERIES MAKE THE BARBICAN A POPULAR TOURIST DESTINATION FOR THE CITY'S MANY OVERSEAS VISITORS.

The Barbican is home to many independent shops, galleries, cafes and restaurants – the perfect place to unwind in the sun. Steeped in history, the Plymouth Gin Distillery is England's oldest working gin distillery, crafting its signature spirit since 1793. Take a tour of the historic Black Friars Distillery, parts of which date back to the 1400s, and learn the secrets behind Plymouth Gin's unique production process. For a truly immersive experience, you can finish your tour with a tasting!

Claiming the title of Britain's oldest operating bakery, Jacka Bakery has been baking fresh goods since 1597. Step inside and indulge in its famed Cornish pasties, or explore its delectable selection of breads, cakes, and other treats – all freshly made and using traditional methods.

The Elizabethan House and Elizabethan Gardens are hidden gems. The meticulously restored late-16th-century house offers a glimpse into the lives of Plymouth's

residents during a pivotal era. Explore the timber-framed rooms, each one showcasing period furniture, clothing and everyday items. Then take a step outside and discover the enchanting Elizabethan Gardens, a tranquil oasis designed in the style of the period which is free to visit.



SHOPPING GUIDE

Across Plymouth city centre there's an abundance of high street names and independent retailers catering to a variety of shopping styles and budgets.

Have a wander around Drake Circus shopping centre, an exciting venue with over 70 top brand retailers – many of which offer student discounts. Find all of your big name brands under one roof, with M&S, Next, Boots, New Look, H&M, Primark and Pandora to name a few! Many shops in Drake Circus stay open late on a Thursday evening (often until 8pm) allowing you to enjoy an extended shopping spree.

Plymouth's West End is a treasure trove of independent shops. Here you'll find the 150-stall indoor Pannier Market, where you can stop for a bite to eat at one of the many food stalls, pick up fresh produce for your dinner or shop for clothes, crafts, jewellery or gifts.

Beyond the city centre, discover the hidden gems of the Barbican for a unique shopping experience.



MARKS & SPENCER



This historic area boasts a plethora of independent stores selling everything from quirky souvenirs and handcrafted jewellery to vintage clothing and local art.

If you're after something different, then jump on a bus and drop into the Grade 1 listed Royal William Yard for a visit. The Yard is home to a range of leading restaurants, bars and independent shops. For those wanting to enjoy an open space, visitors can relax on the lawn and take advantage

of the sea views of Plymouth Sound through the tunnel which offers a perfect look out point.

Keep in mind that most shops adhere to standard UK shopping hours, opening around 9am and closing between 5.30pm and 6pm on weekdays. On Sundays, shops typically have reduced hours, with some opening later around 10.30am and closing by 4.30pm.

ENTERTAINMENT AND CULTURE

Our campus couldn't be better located for student entertainment, being a few minutes' away from the city centre and within walking distance of the Barbican.

Start your evening in our on-campus pub, the James Street Vaults. Don't forget to stop by our Students' Union which is open late on Fridays and Saturdays. The SU provides a great atmosphere with themed nights, live music, cultural events, karaoke nights and DJs.

At the Barcode, Spinners offers a combination of cutting-edge gaming with classy cocktails, while Boom Battle Bar lets you unleash your competitive spirit with arcade games. Alternatively, you can chill out with your mates at the Barcode's IMAX cinema.

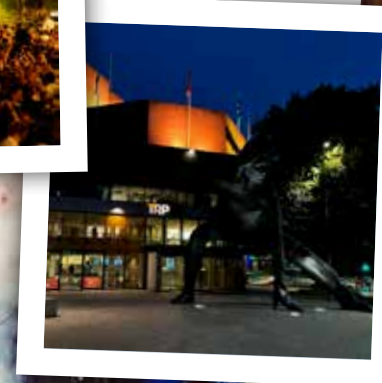
If you're interested in theatre, the Theatre Royal Plymouth (TRP) in the city centre is the largest and best attended regional producing theatre in the UK. TRP offers a wide range of theatre including classic

and contemporary drama, musical productions and performances by national opera, ballet and dance companies.

For a lively atmosphere and big-name acts, the Plymouth Pavilions hosts top musicians, bands, comedians and performers from around the world.

The Barbican is a hub of activity in the evenings. Explore a variety of pubs, bars, and restaurants lining the harbour, giving you a chance to unwind with drinks and delicious food. The Barbican Theatre is located here, offering diverse entertainment with theatre, dance, comedy, live music and spoken word performances. If themed nights are your thing, the B-Bar inside the theatre delivers different music and comedy acts throughout the week.

If you prefer a luxurious cinema experience, head to the Everyman Cinema at the Royal William Yard where you can enjoy a classic or the latest film on plush velvet sofas and indulge in gourmet food delivered straight to your seat!



PLYMOUTH EVENTS

Plymouth hosts an exciting series of events all year round!

Flavour Fest takes place in the city centre and is the South West's largest food and drink festival, showcasing over 80 stalls of fantastic local produce along with inspirational talks and demonstrations by top local chefs and food craft workshops.

Plymouth Armed Forces Day in June is a fantastic opportunity for everyone to come along to the Hoe and show their support for the men and women who make up the Armed Forces community. This exciting family day is packed with displays, parades, military equipment to explore, a thrilling arena programme, live music and much more.

In August, the skies blaze with colour during the British Firework Championships with two nights of dazzling firework displays and entertainment on the Hoe.

The Royal William Yard is a thriving hub for many Plymouth businesses and retailers. The Yard is one of Plymouth's premier lifestyle destinations and is an arts and culture destination with

regular public events taking place including outdoor theatre productions and open-air cinema, arts and crafts markets. The Yard transforms into a bustling marketplace on the first Sunday of every month, selling food and crafts from local artists and designers.

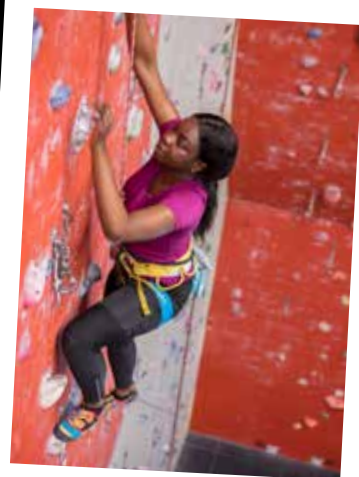
Taking place across the Barbican, Sutton Harbour and the Royal William Yard are Pirates Weekend, a swashbuckling extravaganza with street performers and themed activities, and Seafest Plymouth, a celebration of Plymouth's proud maritime heritage with an action-packed weekend of delectable food, live music and sea-themed fun, all taking place across Plymouth's waterfront.

Car enthusiasts will be in their element every summer at the Mount Edgcumbe Classic Car Show & Summer Fayre, which displays a stunning array of motors and entertains everyone with stalls, food, rides and live performers.



SPORTS IN PLYMOUTH

Plymouth offers a fantastic range of sporting options, whether you're a seasoned athlete, looking for more relaxed activities, or wanting to support our local professional football team.



PLYMOUTH'S PROFESSIONAL FOOTBALL TEAM: PLYMOUTH ARGYLE

Check out Plymouth Argyle, the city's professional football team, at their 16,000-capacity stadium, Home Park, in Central Park. The team competes in League One, the third level of the English football league system.

INDIVIDUAL AND TEAM PURSUITS

Gym: The SU Gym offers low student pricing, excellent facilities and regular group exercise classes.

Tennis: Swing into action at one of Plymouth's many tennis courts, or take lessons to improve your game.

Football: Get your competitive

spirit going with a game of five-a-side football at Harpers Football Centre, a popular indoor sports centre. There are also numerous local leagues and clubs to cater to all skill levels.

Cycling: Explore the city at your own pace with Plymouth's Beryl Bike share scheme.

Swimming: Make a splash at one of Plymouth's public swimming pools, including the iconic lido at Tinside. The Plymouth Life Centre has an Olympic-sized indoor swimming pool and excellent diving facilities.

Padel: This trendy racquet sport is gaining traction in Plymouth. Give it a try at a dedicated padel court and discover a new way to stay active.

Squash: You can find squash courts at the Plymouth Life Centre and other various venues around Plymouth.

Skateboarding: Shred some concrete at the purpose-built ramps and bowls in Central Park, a haven for skateboarders of all levels.

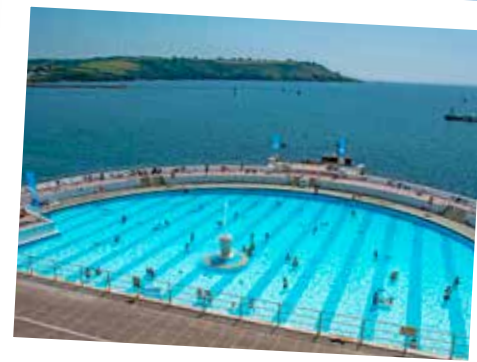
Climbing: The indoor climbing centre at the Plymouth Life Centre, has a range of climbing walls from 6–16 metres high and a purpose-built bouldering room.

Golf: Tee off at one of Plymouth's scenic golf courses, or perfect your swing at a driving range.

EMBRACE THE WATER

Stand Up Paddleboarding

(SUP): Explore Plymouth's stunning coastline from a unique perspective with SUP. Rentals and lessons are readily available.



Sailing: Harness the wind and learn to sail in the sheltered waters of Plymouth Sound. Several sailing clubs offer lessons and experiences for all ages.

Rowing: Join a rowing club and get your core workout while gliding across the harbour. Plymouth has a strong rowing tradition, with opportunities for both competitive and recreational outings.

Scuba diving: If this is something you're interested in, the University is unique in offering its students the opportunity to gain the HSE Professional SCUBA certification alongside their marine-based degree.

This is just a taste of the sporting options in Plymouth. With its diverse facilities and stunning natural environment, the city caters to every athlete's needs – professionally and for fun or fitness!



YOUR FACULTY

WHAT IS A FACULTY?

One of the most important service centres you'll need to discover in your first few weeks is your Faculty Office. Every University student belongs to a faculty which isn't always obvious to many new students, but it is important to know which one you belong to so you can access the various services on offer.

HOW DO I FIND OUT WHICH FACULTY I BELONG TO?

Check out the list of faculties and schools opposite to see which faculty you will belong to. Alternatively, looking up your course on our website will confirm which school and hence which faculty you are in.

WHAT SERVICES DO FACULTY OFFICES OFFER?

General enquiries – your Faculty Office is staffed by friendly, welcoming staff who have been serving the needs of our students for decades. They

have a wealth of knowledge about almost every aspect of student life.

During induction – as a new student, there are several important tasks which you need to complete before teaching commences and your Faculty Office can help you with these tasks:

- University card and photo upload queries
- Online enrolment queries
- Official letters – do you need to prove you are a UoP student?
- How to access and understand your teaching timetable.

Your physical and mental welfare – your Faculty Office is often the first port of call if you find yourself in some difficulty. Our staff will listen and advise you of the options you have and the services you can access. If necessary, they will refer you to the Student Hub or another central service.

Your learning – there are regulations around your academic life which we can advise on, including:

- Assessment criteria – how is your work assessed and how are your marks calculated?
- Coursework submissions – the majority of coursework is submitted digitally. However, some submissions are submitted physically via your Faculty Office. They can also advise you on coursework extensions.
- Exam arrangements.
- Changes to your modules or discussions about course transfers.

There are three faculties within which there are 12 schools.

FACULTY OF ARTS, HUMANITIES AND BUSINESS

- Plymouth Business School
- School of Art, Design and Architecture
- School of Society and Culture

FACULTY OF HEALTH

- Peninsula Dental School
- Peninsula Medical School
- School of Biomedical Sciences
- School of Health Professions
- School of Nursing and Midwifery
- School of Psychology

FACULTY OF SCIENCE AND ENGINEERING

- School of Biological and Marine Sciences
- School of Engineering, Computing and Mathematics
- School of Geography, Earth and Environmental Sciences



FACULTY CONTACTS



FACULTY OF ARTS, HUMANITIES AND BUSINESS

Located on the ground floor of the Roland Levinsky Building. Open from 8.30am–5pm, Monday to Thursday, and 8.30am–4.30pm on Friday.

☎ +44 (0)1752 585020

✉ AHBAdmin@plymouth.ac.uk



FACULTY OF HEALTH

Located in Room B106 in the Portland Square Building. Open from 8.30am–4.30pm, Monday to Thursday, and 8.30am–4pm on Friday.

☎ +44 (0)1752 585332

✉ facultyofhealthreception@plymouth.ac.uk



FACULTY OF SCIENCE AND ENGINEERING

Located in Room 15 on the ground floor of the Smeaton Building. Open from 8.30am–5pm, Monday to Thursday, and 8.30am–4.30pm on Friday.

☎ +44 (0)1752 584584

✉ science.engineering@plymouth.ac.uk

YOUR CAMPUS

LAW CLINIC

A unique practical experience facility for law students.

PORTLAND SQUARE BUILDING

A learning space for many courses with laboratories, teaching and research facilities, and lecture theatres.

NANCY ASTOR BUILDING

Provides clinical skills areas for nursing students to train in replicas of NHS wards and emergency departments, with teaching rooms and the UPSU Sports Centre.

BABBAGE BUILDING

A £63 million state-of-the-art space to inspire the engineering and design pioneers of the future.

DAVY BUILDING

Predominantly a space for chemistry and related sciences, housing the first 5G interactive microscope labs in Europe.

FITZROY BUILDING

This £14.5 million building opened in early 2025 and is the new home for Plymouth Business School and a new location for The Cube, our acclaimed enterprise support service.

INTERCITY PLACE

A brand new space to train and develop the next generation of nurses, midwives and allied health professionals.

MARINE BUILDING

With some of the best research and testing facilities in the country, this world-class marine facility is a dedicated space for marine and engineering students as well as commercial clients.

ROLAND LEVINSKY BUILDING

Our flagship building has digital and immersive media labs, architecture studios, an art gallery, cinema and lecture theatres.

THE HOUSE

A state-of-the-art performing arts centre, offering world-class facilities as well as a diverse programme of contemporary performance open to the public.

ROLLE BUILDING

Alongside dedicated teaching space, facilities include music production, rehearsal and practice space for students.

SCOTT BUILDING

A hub for many of our arts-based courses, offering a wealth of facilities from printing and ceramics to photography and film production.

SMEATON BUILDING

Houses an array of cutting-edge computing, gaming and robotics labs equipped with the latest hardware, software and immersive technologies.

CHARLES SEALE-HAYNE LIBRARY

Supporting teaching, learning and research, the library provides access to approximately 350,000 books, 500,000 eBooks and 80,000 current journals.

UNIVERSITY OF PLYMOUTH STUDENTS' UNION (UPSU)

Located in the heart of the campus with cafes, study areas, bars, a nightclub and shop. Visit UPSU for free independent advice on academic, accommodation, money, student finance and wellbeing support. Find out more on page 44.



Read more
about our
facilities here



CAFES ON CAMPUS

ENJOY YOUR BREAK IN ONE OF OUR AWARD-WINNING CAMPUS CAFES.

BABBAGE BYTES CAFE

An extensive variety of sub rolls packed with premium ingredients, plus jacket potatoes, soup, hot pasties and breakfast baps, pastries and waffles

INTERCITY PLATES CAFE

A variety of hot and cold beverages, breakfast rolls, daily soup specials, handmade paninis, filled croissants and an assortment of cakes

LOAFERS DELI

Handmade, artisan sandwiches crammed with scrumptious local produce

RLB CAFE

A Pan-Asian inspired menu as well as breakfast, sandwich meal deals, cakes, and hot and cold drinks

COOKWORTHY CAFE

A range of delicious hot and cold drinks, breakfast and lunch options

JOHN BULL CAFE (NORTH CAMPUS)

Cooked breakfasts and a 3-week rolling menu featuring internationally-inspired dishes

PORTLAND'S PIZZERIA

A wide variety of deliciously cooked-to-order 10-inch pizzas with a large selection of premium toppings

DRAKE'S KITCHEN

Favourite dishes from traditional English breakfasts to hot daily lunch specials

LIBRARY CAFE

A wide selection of hot and cold drinks, handmade paninis, pasties, sausage rolls, sandwiches, wraps and snacks

RESERVOIR CAFE

Exclusively vegetarian and vegan food (a certified member of the Vegetarian Society)

We offer sustainable, locally-sourced fresh food and drink in all our cafes. Students can also find a number of food and drink outlets in the Students' Union.

We pride ourselves on offering a variety of affordable delicious food and drink options, whether you fancy a hearty breakfast, a healthy salad or a pizza with the finest toppings. The choice is yours as we have a variety of themed food options in each cafe, and also celebrate national and international food related calendar days.

OUR SUSTAINABILITY

We are committed to providing a sustainable food culture at the University. We have held a three star rating from the Sustainable Restaurant Association for multiple years reflecting our commitment to sustainable sourcing, reducing disposable packaging, reducing meat intake and much more.

A FAIRTRADE UNIVERSITY

In 2024 the University of Plymouth achieved 2 out of 3 stars for our Fairtrade accreditation. We prioritise offering Fairtrade products wherever feasible and collaborate with local food suppliers to showcase the availability of seasonal, local and organic food options.

FAIRTRADE FOOD AND DRINK ON CAMPUS

- Fairtrade coffee, sugar, and bananas are standard offerings across campus.
- Enjoy hot drinks with Fairtrade syrups in caramel, vanilla, or hazelnut flavours at Portland's Pizzeria and The Container cafe.
- Explore our diverse range of teas, including Fairtrade, Organic, Fair for Life, and Ethical Tea Partnership options. Whether you're craving a fruity infusion or a classic English breakfast brew, we have something to delight every tea lover's palate.

FIND OUT MORE



FIND OUT MORE

Our cafes offer various deals as a great way to motivate you throughout the day. Whether you are studying with friends, holding a meeting or simply feel like eating something sweet – these deals are for you.



BEST STUDY AND WELLBEING SPOTS

Whether you prefer a quiet or collaborative environment, we have a variety of study spaces to suit your needs. When you need a break from studying or just need to unwind, there are many locations where you can take a moment to yourself.



ROLAND LEVINSKY BUILDING
This modern building boasts large, open-plan study areas with plenty of desks, pods, PCs and comfortable seating.



CHARLES SEALE-HAYNE LIBRARY
Our library is a treasure trove of academic resources and study nooks. It offers 1,200 study spaces, including 24 bookable study rooms and 243 spaces with PCs.



THE WRITING CAFÉ
Located on the 1st floor of the Library, the Writing Café is a vibrant space that provides a relaxed atmosphere for individual or group study. Grab a coffee or tea while you brainstorm ideas or work on a group project.



BABBAGE BUILDING
Whether you need focused or collaborative study, Babbage has multiple options over levels 2, 3 and 4, including study pods, group tables, bookable study rooms and spaces with PCs.



THE LOUNGE (SU)
The Students' Union (SU) offers a welcoming lounge area with comfy sofas and armchairs, perfect for group discussions or study sessions with friends.

THE LITTLE ROOM (SU)
Another space within the SU, The Little Room provides a more intimate setting for group work or study sessions that require a whiteboard or flipchart. All the on-campus cafes welcome students to sit and study while enjoying a bite to eat or cup of coffee. See page 34 to find out more.



DRAKE'S PLACE GARDENS AND RESERVOIR
The historic Drake's Place Gardens and Reservoir, is a safe and tranquil environment on campus where you can enjoy a peaceful break between lectures and study periods.



THE HOE
With unbeatable views across Plymouth Sound, the Hoe is a perfect place to unwind and recharge.



CENTRAL PARK
Located just over a 15-minute walk from campus, the park is full of wildflower meadows and open fields where you can stroll and absorb the views.

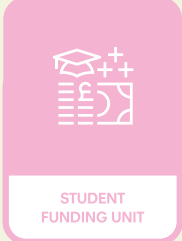
ADDITIONAL TIPS
Consider the noise level of each space when choosing your study spot.
If you need access to computers or printers, check the facilities available in each location.
During exam periods, some study spaces may get crowded. Arrive early to secure your spot!



COUNSELLING



MENTAL HEALTH



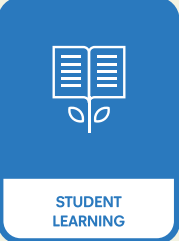
STUDENT
FUNDING UNIT



DISABILITY
SERVICES



PASTORAL AND
SPIRITUAL SUPPORT



STUDENT
LEARNING



INTERNATIONAL
STUDENT ADVICE



YOUR STUDENT HUB

It is important to remember that university is a place to really find, and be, yourself. Universities are diverse by nature, but Plymouth has a reputation for being particularly inclusive and welcoming. We are proud of our diverse community, and we want you to bring your whole self to university.



FIND OUT MORE
Your wellbeing
has always been,
and will always
be, a priority
for us.

Heading off to university is a huge step but full of amazing opportunities and experiences which will reach far beyond the classroom. The university experience is a very individual journey, and we want you to be able to thrive and enjoy your time here.

Based in the centre of the campus in the Charles Seale-Hayne Library, the Student Hub is the place to go for students who have any concerns or need any non-academic support during their time at university.

For some students, sometimes life can take an unexpected turn and they may find themselves needing a little extra support. That's where we can help. The Student Services Hub team is here to offer a friendly listening ear, advice and guidance on any non-academic queries. Our team of friendly and experienced Hub Advisers are on hand to talk things through and offer a range of options to help support our student community. From disability support to student wellbeing, or financial guidance to visa advice, or even if you

don't know what help you need, you can come and have a chat with us, and we can work through it together. You may find that you never need our support and that's ok, but just know that whether you need us or not, we are there.

We love being part of your student journey and seeing you grow in confidence and determination, eventually saying goodbye when you graduate with your friends, peers, family and/or supporters. It really is an honour!

We look forward to meeting you soon!

Your Student Hub Team

+44 (0)1752 587676
 studentservices@plymouth.ac.uk



WELLBEING SERVICE

Student Wellbeing Services are available to support your academic progress and provide you with strategies to overcome distress.

The University partners with Togetherall – a safe, online, peer-to-peer community. There is a range of helpful articles around budgeting, homesickness, anxiety, among others. You can reach out to others who may be feeling similar to you talk to a trained counsellor 24/7.

If you feel you need support, then you can contact the Student Hub. Every referral is reviewed by one of our specialist practitioners and recommendations made based on the information you provide us. This may include signposting to other organisations, self-help information, workshops, drop-in appointments, mental health assessments, specialist liaison with NHS services and brief counselling.

We work closely with our Pastoral and Spiritual Support team in 1 Kirkby Place (opposite the James Street Vaults). This team is located in the perfect place if you're looking for a peaceful community, or if you are a University student who needs some extra support. Our location is cosy and inviting, so you can join friends while winding down from busy schedules or just chat with each other during the day. If you are wanting time to talk to someone, you can chat about what's going on for you in a one-to-one conversation with our pastoral volunteers or chaplains.

Help yourself to free tea, coffee, hot chocolate and biscuits, and check out the variety of daytime and evening activities and events on offer.

From exploring personal development and raising your stress tolerance, to discovering inner peace with weekly lunchtime meditation sessions, through to exploring faith or spirituality as we celebrate different religious festivals and mark notable days throughout the year, our door is always open to you.

Issy Southcott, Mental Health Team Manager

EQUALITY, DIVERSITY AND INCLUSION



Our increasingly diverse community of staff and students is part of what makes the University so special.

We have an Equality Plan that helps us drive positive change through clear equality objectives. As a team, we look at the implementation of the plan and policy across the University and make every effort to ensure EDI activities are collectively celebrated. So much great work goes on at the University, both in and outside of our team. We communicate activities and celebrations through our EDI News Digest and Social Media platforms. Check out @plymuniequality on X (formerly Twitter)!

Some of our initiatives include achieving a Bronze Award in our Athena Swan Charter; working on our Race Equality Charter; achieving gold (top 100) for our LGBT+ inclusion; the introduction of Dignity and Respect advisers, who offer a safe space for staff and students to talk if they feeling their dignity has been undermined. We also oversee our reporting tool Speak Up that offers a route for students and staff to report incidents of hate and harm.

Our Inclusion Planner is created each year as a downloadable PDF and is packed full of key cultural and religious dates. This forms the basis for our University to plan an inclusive schedule of activities.

We also look to celebrate the amazing EDI work that goes on outside of our team, whether this is through the fantastic work at Global Plymouth, organising global buddies and isolating isolation (which aims to end social isolation in Plymouth), or the impressive initiatives at the Careers Service, with a range of support for people from diverse backgrounds. Along with Pastoral and Spiritual Support and the Students' Union, there is a plethora of activities and support available to all staff and students.

Leo Leong, HR Partner –Equality, Diversity and Inclusion



DISABILITY

As a team, we understand the word 'disability' means different things to different people. Often, students don't realise that their difficulty could be a disability.

We can work with you and other staff within the University to recommend reasonable adjustments for your studies. This may help to support you in fieldwork and laboratories or during placements. We advise on diagnostic assessments for specific learning difficulties and autism, and help if you have requirements for assessment and exam arrangements, accommodation and mobility access.

We can provide information about the Disabled Students' Allowance (DSA), and help you apply. DSAs are grants that can contribute towards some of the additional costs of studying at university for those with a disability or long-term health condition: these don't have to be paid back and are not means-tested. This can offer practical help like mentoring, study skills, assistive software and equipment. If you aren't eligible for the DSA, please get in touch as we can still support you.

We run weekly groups, including a social and support group for autistic students. One-to-one meetings with a Disability Adviser are available in person, by Zoom or on the phone, and there is always a Disability Adviser on duty every weekday. Come and have a chat!

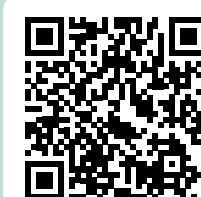
Jo Bourton, Disability Adviser

ENGLISH LANGUAGE CENTRE (ELC)



The friendly and professional ELC team offers a range of courses to help you develop your academic English language skills both before (pre-sessional courses) and during (term-time workshops) your studies.

The team also run courses in Teaching English to Speakers of Other Languages (TESOL). These courses are practical and interactive in nature, and are delivered by experienced ELC lecturers.





YOUR CAREERS SERVICE

WHY DO FIRST YEARS NEED TO KNOW ABOUT THE CAREERS SERVICE?

The Careers Service might not seem like an immediate concern amid the excitement of starting uni, but here's the catch – it's your secret weapon (and a shortcut) for future success.

We are here to help you navigate your job search, support you with CVs and applications and teach you the art of nailing your interviews (and in the process making them less scary).

Our advisers deliver workshops, one-to-one appointments, and create a wealth of online resources to help you create your career plan – and cheer you on all the way!

Every year we speak to hundreds of final-year students and graduates who often say one thing, "This was so helpful, but I wish I came to see you sooner."

You may already know what you want to do, or you may have no idea where to start – we are here to help you work it out. You can find us in the heart of the entrance of the Charles Seale-Hayne Library where you can speak to our helpdesk team about any career related questions or be booked in with an adviser.

IN WHAT WAY DOES THE CAREERS SERVICE HELP YOU FIND A PART-TIME JOB? HOW CAN FIRST YEARS SIGN UP TO THESE OPPORTUNITIES?

More than half of the 10,000 students who were asked by the Higher Education Policy Institute (Hepi, 2023) said they have part-time jobs during the semester.

The Careers Service is your gateway to part-time employment. We provide you with exclusive access to job postings from the University and local employers. Even as a fresher on campus, exploring and applying for these opportunities is a breeze – simply log in to myCareer once your enrolment is completed and you can browse all jobs available to our students.

WHAT IS THE PART-TIME JOBS FAIR? WHY SHOULD FIRST-YEAR STUDENTS ATTEND?

Imagine a bustling space where countless part-time job opportunities await your exploration – that's the Part-time Jobs Fair. It's your chance to connect with various employers offering multiple roles in their teams – perfect for students like you.

Attending as a first-year student might seem a little intimidating, but there is one thing you can count on – you will not be alone. If you don't have anyone to go with, Student Ambassadors are there to help.

Talking to Student Ambassadors, if you are interested in becoming one, the applications open during the Part-time Jobs Fair, so this is your perfect opportunity to find out more and how to apply.

You'll gain insights, network, and maybe even land a part-time gig that fits seamlessly into your university schedule. And have we mentioned the freebies?

HOW WILL A PART-TIME JOB HELP A FIRST-YEAR STUDENT'S FUTURE CAREER?

You might wonder: "What difference does a part-time job make?" Well, beyond the immediate financial benefits, these roles are invaluable learning grounds. They enhance your time management, communication, teamwork and problem-solving skills – qualities that your future graduate employers will require. Moreover, they provide a glimpse into different industries, aiding your career exploration.

A part-time job is also your chance to demonstrate your eagerness to succeed. Your graduate employers will be making assumptions about your potential based on your reflection of your engagements and achievements in your part-time jobs.

But let's not forget, part-time jobs are a perfect opportunity to build new friendships and support network beyond your university studies. Whether you find a job on campus or in the local area, you'll meet a variety of people from different backgrounds, some of whom may become your best friends for life.



FIND OUT MORE
Careers support
for first-year
students.



"I found Step Teachers – a company committed to fostering quality education – at the Part-time Jobs Fair. They gave me great insights into the role and how to apply, and I'm now working with them!"

Devine, MSc Psychology



"Internships and work placements facilitated through these career services and events offer invaluable hands-on experience – they bridge the gap between classroom learning and real-world application."

Sharon, MEng Robotics, India

YOUR STUDENTS' UNION

WHAT DO WE DO?

As an organisation that is led by you, the students, we work hard to ensure that you have the opportunities available to feel empowered and to make your voice heard. We support more than 600 elected part-time Student Representatives who listen to and collate your feedback to share with University staff, to shape and improve your academic experience.

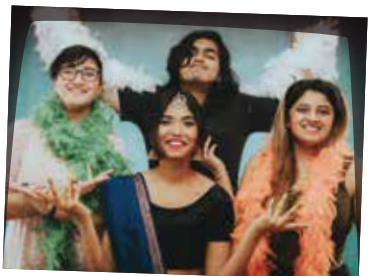
FUNDING SUPPORT

Every year our independent Advice Centre saves students hundreds of thousands of pounds by helping them to submit claims, access appropriate benefits and navigate through their student finance applications.

Furthermore, if you're looking to earn while you learn, we employ over 150 members of student staff in a variety of roles, from running our award-winning bar, to preparing coffee in our cafe, to serving customers in our shop or providing technical assistance at our events.

ADVICE AND GUIDANCE

There may be times during your studies when you need help; maybe things haven't gone to plan or you just need that extra bit of support or guidance. This is perfectly natural, and we are on hand when you need us. As a member of your SU, you have free access to our confidential Advice Centre and our team of dedicated advisers.



VOLUNTEERING OPPORTUNITIES

There are many different types of opportunities available. Maybe you'd like to contribute to running a charity shop, get stuck in with helping wildlife conservation or assist in coaching football sessions? Perhaps your heart lies in fundraising for local, national and global causes? Plymouth Raise and Give (RAG) is a student-led group running fundraising projects for chosen charities which are selected each year. The group also offers yearly fundraising adventures, which could see you climbing Mount Kilimanjaro, taking on the Three Peaks Challenge or trekking Machu Picchu for charity.

SPORTS CLUBS

Here at UPSU we support over 45 different sports clubs. These clubs offer you an opportunity to join a community where you're guaranteed to have something in common, with a chance to play sport in a social and/or competitive environment.

With our campus situated a short walk from Plymouth Sound on the beautiful south coast of Devon, you'll have access to a wide range of water-based activities, allowing you to truly make the most of 'Britain's Ocean City'.

Varsity

A HUGE event in the University's calendar, Varsity involves thousands of students from the University of Plymouth and our rivals Plymouth Marjon University. Each year, these two universities battle it out in lots of sports from different University sports clubs: a whopping 21 matches in 2024! It's one of the biggest events in the University's calendar (even if you're only a spectator cheering on our team!), raising a large amount for charity. Our University was crowned champions of Varsity 2024.

SOCIETIES

Our 120+ student-led societies are a major part of what we are about. From Chemistry to K-Pop, Minecraft to Midwifery – whatever your interests. If you have a particular passion or interest, or you want to try something new, there will be a community for you... but if there's not, then you can always start your own!



GIVE IT A GO

If you're not sure what you're interested in, or you're looking for a way of getting involved without the initial commitment of joining, why not Give it a Go? The Give it a Go programme offers a range of different sessions throughout the year – run by clubs, volunteers, qualified sports instructors and society groups – where you can come along and do just that, give it a go: try something new, meet new people and learn new skills.

REPRESENTATION

Our dedicated group of student representatives is the voice of the student body across the University and Students' Union. If you're passionate about listening to students and campaigning for change, then take a look at the range of student representative roles available, including Course Reps, School Reps, Faculty Reps, Part-time Officers and Sabbatical Officers.

STUDENT ACTION FOR REFUGEES

We have a number of societies designed to help the wider community. One of these is the Student Action for Refugees society, who recently held a tote painting fundraiser to raise money for local refugee charities – a great way for people to have fun while raising money for an important cause. The society is really looking forward to holding similar events in the future. If you have a passion for helping others, and perhaps even have ideas for a fundraising event, this could be the society for you.

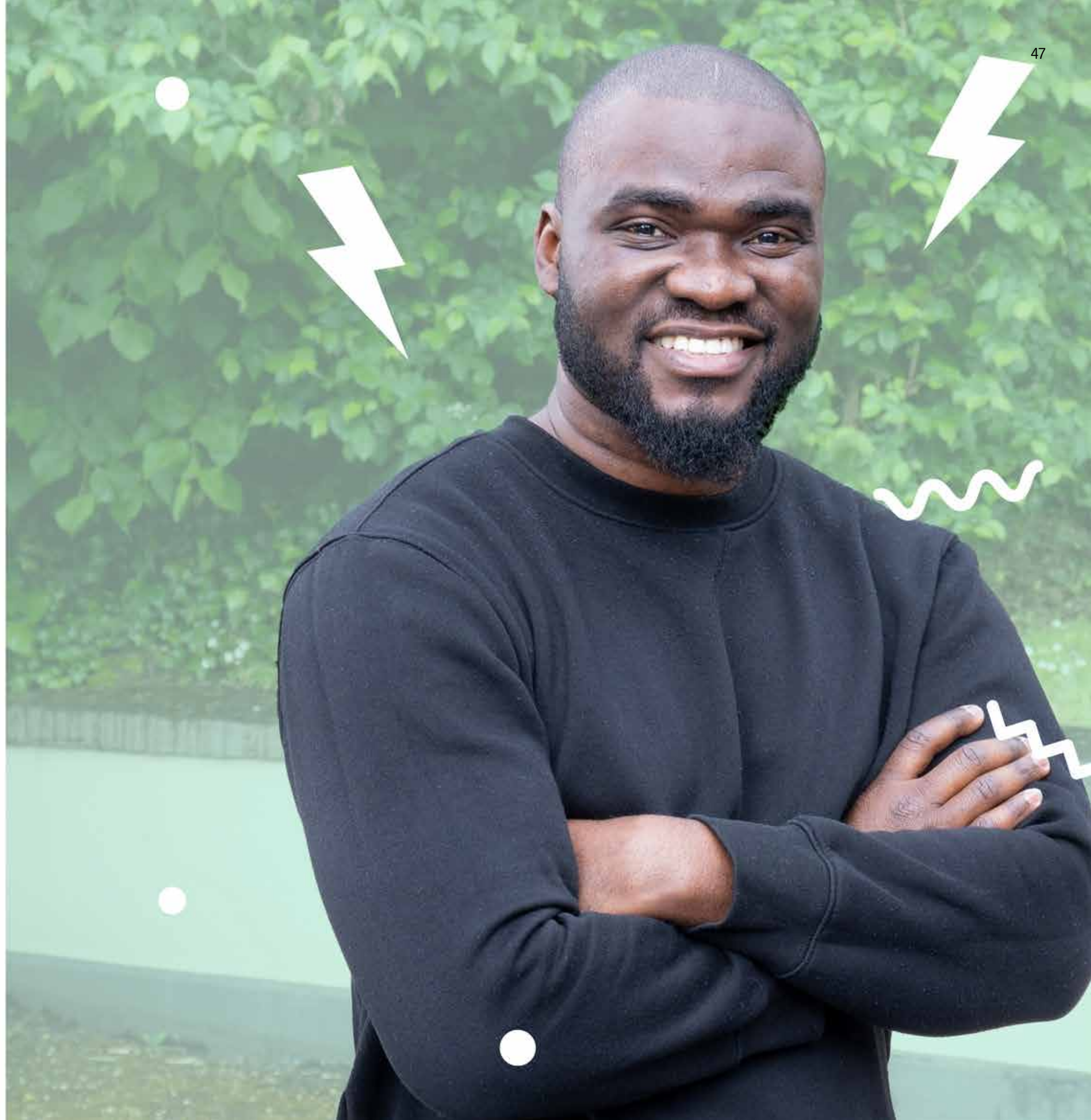


VISIT THE UPSU WEBSITE FOR A FULL LIST OF CLUBS AND SOCIETIES.



OLUSOLA ADEBAYO AROGUNDADE

“The city of Plymouth offers affordable accommodation options, which is a significant advantage. Importantly, being situated in a coastal area means that winters are relatively mild, with rare occurrences of snow. This climate factor was particularly appealing to me as someone transitioning from a tropical region, as it facilitates an easier adjustment to cooler temperatures in the UK.”





UNIVERSITY OF
PLYMOUTH



IT'S YOUR FUTURE MAKE IT COUNT

Over 95% of our graduates
are in work or further study*

Apply
now 

*15 months after graduation - most recent Graduate Outcomes Survey. Excludes those travelling, retired or caring for someone, out of all UK domiciled, full-time first-degree graduates.